



# *liv.*

HONG KONG'S WELLNESS MAGAZINE

## *Christmas Gift Guide 2021*

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EDITOR'S LETTER

## GIFTING MADE EASY

Our favourite time of year is in full swing, and there's nothing we love better than getting inspired on what to buy for our loved ones! We've made it easy for you to select beautiful, thoughtful and meaningful gifts this year from our partners, some of Hong Kong's best brands.

Since COVID, everyone has been investing in their homes, transforming crash pads into a sanctuary of calm and wellbeing. In our Home section, we've collected homewares galore, from zero-waste hampers to bedsheets, candles, gift sets and even chic home decor.

Who doesn't like an indulgent skincare gift? On p.37, in our Pamper section, you'll find inspiration for everything skincare, from beauty products to spa treatments and even lash extensions.

For fitness fanatics, why not get them something to help kick-start their New Year's Resolutions? From gym packages to activewear, you'll find it all on p.27.

Looking for unique jewellery from local designers? Flip to p.32. Stocking up on festive pantry essentials? Look no further than p.35.

Then there's my personal favourite section - those quirky gifts that are bound to put a smile on your face. Check out our unique gift ideas on p.42.

Happy shopping!

Sarah

SARAH FUNG  
PUBLISHER





# NAKEDLAB

Organic BambooSilk bedding

## 1 Duvet Day

The ultimate four-season comforter, this duvet is light, fluffy and lusciously soft. Despite its down-like filling, the duvet contains no animal products and is made with 100 percent pure bamboo, meaning that it's hypoallergenic, breathable and totally natural.

**\$1,800-\$2,800**



## 2 Sage Advice

We are in love with this sage colour - a limited edition shade for the festive season. Cool and soothing to the eye, this two-tone set is green on one side and white on the other, making it so easy to change up your bedroom's look and add a pop of colour. available in all sizes from single to king, and as pillowcases.

**\$980-\$1,680**



## 3 Sweet Dreams

Give the gift of an amazing night's sleep with this indulgent bedtime experience. Combining either a full bedding set or pillowcases (with complimentary embroidery!) and a duo of artisanal candles, this winning combination instantly elevates your bedroom.

**\$670-\$2,450**

## 4 The New Neutral

We are swooning over NakedLab's new colour, inspired by the shores of Australia's Byron Bay and released just in time for the holidays! Byron Sand is an elegant neutral sandstone that looks amazingly grown-up and ultra relaxing in any bedroom. If you've never tried them, bamboo bedding feels just like 1,400 thread count cotton sheets!

**\$980-\$1,680**



# *DORMU*

Eco weighted blankets designed for Hong Kong

A photograph of a young man and woman lying in bed, smiling and looking at each other. They are both wearing white t-shirts and are covered up to their chests with a grey, quilted weighted blanket. The woman is on the left, and the man is on the right. They are both smiling warmly. The background is a plain, light-colored wall.

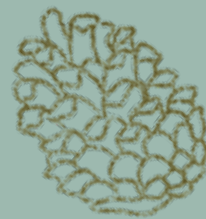
**Worth The Weight**  
Always wanted to give weighted blankets a go but not sure how you'd cope in Hong Kong's humid weather? Designed to be used in hotter climates, Dormu's luxury weighted blanket is ultra-comfy and made with breathable, cooling bamboo. Comes with a bamboo removable cover as well.

**Starting from \$1,800.**

dormusleep.com

# INDIGO LIVING

Funky and functional statement homewares



## 1 Crystal Palace

Simple but elegant, this tall Cyllano crystal candle holder makes for a dramatic centrepiece on your Christmas table.

**\$1,890**



## 2

## 2 Book and Blue

Natural formed blue agate is a chalcedony, a member of the quartz family of minerals, due to the natural formation each piece will be unique. The pieces have been cut and slide polished to turn them into stunning Bookends.

**\$950**



## 3

## 3 Sustainable Statement

This Trumphy Horn Platter is hand made from sustainably sourced horn. The naturally marbled tones of this organic material work well in any home, and is perfect for serving fruits and snacks. The golden hued flower decoration makes this a real statement piece. **\$1,090**



## 4 Lead The Charge

We heart this clever light that doubles as a charging station. With its Scandi-chic design, It imparts a soft, warm glow and wirelessly charges up any smartphone. Comes in three colours.

**\$899**

## 5

## 5 Sun Up, Sun Down

In collaboration with NakedLab, this gorgeous "Dawn & Dusk" candle duo is designed to complement different times of the day, with a morning scent to energise, and an evening aroma to calm and prepare for sleep.

**\$390**



## 6 Pretty In Pink

The Isabella Jewellery Box features a light tone that shines through the smooth lacquered finish of the box to provide a glam surface in which to store jewellery, watches, and other small accessories. The top transparent window allows you to have a glimpse of your bits and pieces within. **\$990**

## 6





# OKOOKO

Eco-friendly bedding and mattresses



1

## 1 Dream On

In the market for a big-ticket gift this year? It doesn't get much better than a luxe mattress. Okooko's Heveya mattresses are hypoallergenic, mite- and dust-repellent, and come with a removable bamboo fibre and organic cotton cover for extra hygiene. You can even choose different firmness levels for two sides of your mattress to accommodate a couple's preferences!

**\$24,500 for a queen-size mattress**

## 2 Winnin' Linen

Transform your bedroom into a sanctuary with Heveya linen sheets. These natural sheets have a beautiful textured look that elevates any space. Breathable and hypoallergenic, they are perfect for people with sensitive skin. As one of the strongest natural plant fibres in the world, these durable sheets will last you for years, and only get softer over time. Each bundle includes a fitted sheet, a duvet cover and pillowcases.

**\$2,588 for a queen-size set**

2



3

## 3 We've Been Bamboozled

Ever tried bamboo sheets? Sweat-wicking, antimicrobial and hypoallergenic, they also feel incredibly luxurious, with their silk-like texture. Each bundle includes a fitted sheet, a duvet cover and pillowcases. **\$2,388 for a queen-size set**



## 4 Sleep Easy

Produced using only top-quality organic cotton and bamboo Lyocell fibre, this Heveya organic duvet is designed for sustainability, healthy sleep, and the ultimate luxurious night's rest. This soft organic material is breathable and doesn't retain too much heat, making it perfect for all seasons in Hong Kong. It's also so easy to care for. Simply toss it in the washing machine and wash it up to 60°C. No dry-cleaning necessary! **\$2,750 for a queen-size duvet**

4



# CONCEPTU

Gorgeous festive candles and wellness gift sets



## 1

### 1 Pamper Time

How gorgeous is this wellness hamper, featuring self-care treats including wellness tea, soap, candle, bed socks and more!

**\$800**



## 2

### 2 Flaming Wicks

Impart some chill vibes on the go with this cute mini candle trio. Made with pure essential oils, they're perfect for transforming any room into a haven of relaxation.

**\$450**

### 4 Your Cup Runneth Over

Coffee lovers will love this gift set, which includes a soy wax candle made with pure essential oils, a bag of house blend coffee and vegan chocolate bar by Hinitan Plantation, and a ceramic coffee mug - perfect for keeping cozy on a chilly morning.

**\$500**

## 3



## 4

### 3 Mull It Over

Know someone who goes crazy for mulled wine? They'll love this gift set, which comprises a mulled wine scented candle, mulled wine tea bags, dried orange slices and cinnamon sticks, a cranberry orange dark chocolate bar, and a clear glass mug.

**\$500**



# BAMBOA

Ethical and sustainable lifestyle gifts,  
all made with 100% bamboo!

1

## 1 Bundle Up

Upgrade your bedroom this Christmas with Bamboa's great value bundles! You can pick up a queen-size 100% bamboo duvet and pair of 100% bamboo pillows (the inner filling and shell) for just \$5,700 (originally \$6,700), or a king-size set for \$6,200 (originally \$7,200). Plus you get two mulberry silk sleep masks with any bedroom bundle purchase.



2

## 2 Towelling Inferno

Ditch your ratty old towels and treat yourself to a three-piece bamboo towel set. Purchase one three-piece set and get a Bamboa Face & Body Kit for free.

**\$500**

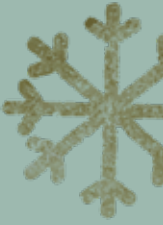


S304, 3/F, Tower Staunton, PMQ, 35 Aberdeen St.,  
Central, 2291-0285, [bamboahome.com](http://bamboahome.com)



# PURE

Christmas inspo from Hong Kong's biggest wellness brand



1

## 1 Power Stance

Not sure what to get for your loved ones this Christmas? PURE's Power Pack gives you unlimited access to all of PURE's 23 gyms and yoga studios for an entire month! Not only that, you'll get access to PURECAST live-streamed classes, \$200 worth of vouchers for nood food and PURE Apparel, as well as two seven-day passes to pass to your friends. Not a yoga fan? New this year is the Fitness Power Pack, which includes access to the 12 PURE Fitness locations, PURECAST live-streamed classes, a ProPT consultation, \$100 worth of vouchers for nood food and PURE Apparel, and two seven-day guest passes. **\$1,388 (\$1,088 fitness only) before December 21; \$1,588 (\$1,288 fitness only) from December 22-February 28.**



2

## 2 Roast With The Most

Looking for an vegan alternative to the traditional turkey this year? Nood food is offering an Impossible meatless loaf set, which includes tasty sides including new potatoes, ginger-glazed carrots, Brussels sprouts, vegan Caesar salad and truffle mushroom spaghetti. They're also offering a traditional turkey with all the aforementioned sides, plus apple stuffing with cranberry compote.

**\$1,288 (turkey) and \$1,588 (Impossible loaf)**



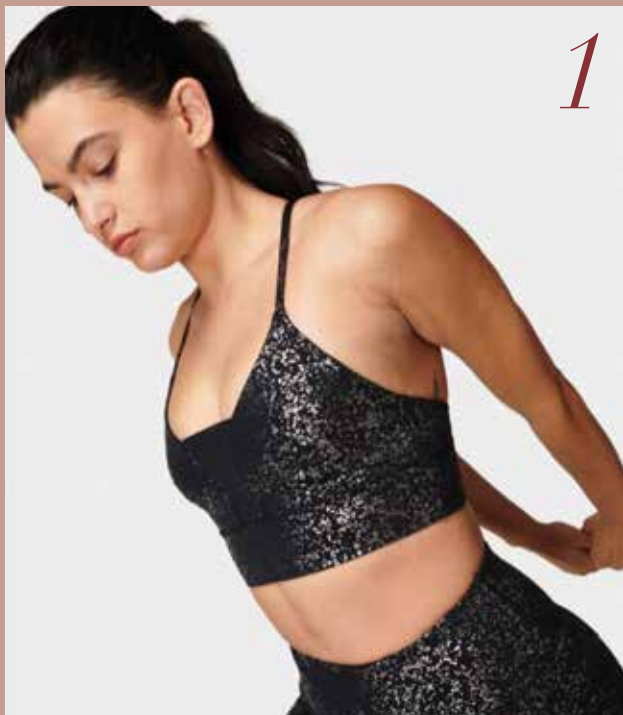
3

## 3 Work Up a Sweat

British active brand Sweaty Betty is now available at PURE Apparel! Discover their full range of leggings, jumpers, sport bras, swimwear, bags, workout kits and accessories - plenty to fill up your Christmas wish list. What's more, all customers can get 10 percent off their purchases AND a free gift to take home from now until the end of the year.

# SWEATY BETTY

Activewear with a serious side-helping of style



## 1 Star Spangled Sports Bra

Shiny and shimmery, this low-impact bra is perfect for yoga, Pilates and everyday wear, while the bonded edges ensure maximum comfort all day long.

**\$625**



## 2 Stretch and Flow

Add a little festive flair to your workout with the matching leggings, with a spangly foil print. Sweaty Betty's signature leggings are super soft and sweat-wicking, making them perfect for HIIT classes.

**\$965**

3

## 3 Jolly Green Jacket

Perfect for January's wet and rainy weather, this jacket is perfect for taking outdoors. It's fully waterproof and breathable, with chic balloon sleeves and a cinched waist. The reflective details also help keep you safe on the road.

**\$2,015**



## 4 Holly Jolly

It's not Christmas without a festive jumper, and if you're swerving the novelty polyester sweaters this year, this vibrant hoodie is a great option. Made with recycled Italian cotton fleece, this hoodie is designed for layering, while thumbholes make it extra snuggly.

**\$1,310**



# ALIGN YOU

Programmes to help kick-start your wellbeing

Looking for a little help to kickstart your wellbeing? Align You is a new holistic wellness platform created by Viv Fong, a 20-year-old coach. Drawing on her experience with less-than-ideal mental and physical health in her teen years, she has created a series of services and programmes so you can start your new year on the right foot.



## 1 The 18-Day Align

“The 18 Day Align” is an e-book program that guides you through 18 days of lifestyle transformation and alignment. Learn how to form long-lasting healthy habits, cultivate a resilient mindset and take action towards your goals. This e-book program teaches you the tips and tricks to finding alignment and balance, all while creating the perfect lifestyle balance you strive for.

**\$430**

## 2 Just Move It

As a yoga teacher and fitness enthusiast, Viv’s “Align Movement” holistic programme combines elements of yoga and strength training, for a programme that focuses on natural movement and alignment. The platform is updated weekly so you always have new content to look forward to.

**\$200 per month**

## 3 Food For Thought

Noticing a lack of nutrition education in the general public, Viv applied her university education in nutritional studies to create the Align Nutrition subscription programme, which aims to educate users about basic nutrition, cooking methods and techniques, simple food combinations and food mindset. This holistic nutrition program is updated weekly.

**\$200 per month**

[align-you.com](https://align-you.com)

Instagram: [@vivianxfong](https://www.instagram.com/vivianxfong) and [@vivflows](https://www.instagram.com/vivflows)



# DEFIN8 FITNESS

Passes and packages from one of Hong Kong's favourite fitness studios



**D**efin8 Fitness has moved to a huge new space right in the heart of Central, and to celebrate they're offering great rates on class packages - the perfect gift for gym bunnies. Just quote Liv when making your booking to redeem! Offer valid until December 31.

#### GROUP CLASS PROMO:

- 10 + 3 regular group classes for just \$1,980
- 10 + 3 Reform8 classes for just \$3,200
- 2 weeks unlimited classes for \$880

17/F, Silver Fortune Plaza, 1 Wellington St., Central, 9848-9062, [defin8fitness.com](http://defin8fitness.com)  
Bookings: [defin8fitness@gmail.com](mailto:defin8fitness@gmail.com)

# IKIGAI

Yoga, movement and sound sessions



## Class Act

IKIGAI is launching a special gift card for fitness and wellness offerings at their studios. Classes include a variety of yoga, meditation and movement classes as well as private lessons. Gift your loved ones, friends or family a three-class-package for just \$360, which gives you access to both Central and Causeway Bay locations. An ideal gift to give someone just ahead of the New Year!

7/F On Lan Centre, 11-15 On Lan St., Central;  
21-23/F Art Piece, 3 Matheson St., Causeway  
Bay, 9013-3701, [ikigai.hk](http://ikigai.hk)

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DELIVERED STRAIGHT TO  
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SIGN UP FOR OUR NEWSLETTER

[newsletter@liv-magazine.com](mailto:newsletter@liv-magazine.com)

*Liv.*

# FLO JEWELLERY

Mindful jewellery infused with purpose



## 1

### 1 Smells Like Christmas

Petite, practical and oh-so pretty, these clip-on aroma diffusers by FLO JEWELLERY are perfect festive gifts! These limited edition gift sets use pine essential oil for a refreshing, Christmassy scent that you can carry with you throughout the day.

**\$180-\$450**

### 2 Chakra Countdown

To celebrate the launch of its new store in Central, FLO JEWELLERY is also launching an inspirational advent calendar that delivers daily doses of positivity as you count down to Christmas. A perfect gift for gemstone lovers or wellness gurus, these advent calendars help inspire to live a more balanced life in 2022.

**\$400-\$1,000**

## 2





# IOKSUROH

Custom-made crystal jewellery

1



## ① What The Duck

Remember that famous optical illusion that could either be a rabbit or a duck, depending on your perspective? This rabbit-duck illusion pendant was created in collaboration with actress Kate Tsui, to remind you to always change up your perspective.

**\$2,222**

2



## ② Wrist Candy

IOKSUROH specialises in design-your-own pieces, but if that's not your thing, check out their line of ready-made accessories. Available for both men and women, these attractive bracelets are ideal gifts and much more wallet-friendly than bespoke pieces.

**From \$1,980**

3



## ③ Crystal Amazing

Build a one-of-a-kind gift with a beautiful custom gemstone bracelet, designed depending on someone's individual chakra and gemstone needs. Bracelets for both men and women can be created.

**\$680**

4



## ④ Pine For You

The next clean beauty superingredient? We're calling it now: Turkish pine honey! Known as an ancient medicinal plant, Turkish pine is known for its skin-healing, antioxidant and anti-inflammatory properties. Try it in gel form for added convenience.

**\$580 for two 15ml vials**

## LOVE BY THE MOON

Spiritual gemstone jewellery inspired by tarot, zodiac signs and moon phases



### Over The Moon

Show someone that you love them to the moon and back with these beautiful moonstone jewelries. The heart-shaped moonstone releases loving energy, while the star charm symbolises the light shed on your love story.

\$368-\$699

Office 01, 19/F, K83, 83 Tai Lin Pai Rd., Kwai Chung,  
[lovebythemoonstudios.com](http://lovebythemoonstudios.com)



### Zodiac Thriller

Astrology girlfriends will love receiving a pendant that corresponds with their star sign. This collection goes one further, featuring 12 unique pendants designed with each sign's unique personality traits in mind, featuring harmonising gemstones and celestial motifs to promote self-love and nurture your soul.

\$428-\$688

## SEMPIMIMI

Statement jewellery that's chic yet affordable

### 1 The Geode Particle

Anyone who loves crystals will fall for this unique ring, which features a raw druzy stone - each one is unique!

\$450



2

### 2 Mix & Match

Switch up your style with these stylish earrings, which can be worn either as studs or together with the pendant for a more dramatic look. We love!

\$700



### 3 Set In Stone

Make a statement with this gold-plated bracelet, set with eight druzy stones for a one-of-a-kind statement piece.

\$1,000

3

[sempimimi.com](http://sempimimi.com)



# HONJO

Japanese-inspired eats in a dreamy setting

Celebrate the holidays in style at Honjo.

Escape to a fantastical, dreamy venue where sparks of global cuisine are captured through Japanese ingredients and techniques. Set in a contemporary and refined yet welcoming setting, guests will receive an unforgettable dining experience from their first glass of wine or sake to their final dessert or digestif. So if you're stuck for gift ideas, why not treat the fam to an indulgent festive meal?

**1/F, 77-91 Queen's Road West,  
Sheung Wan, [honjo.hk](http://honjo.hk)**





# BILTONG CHIEF

Quality meat and groceries from South Africa

## 1 Gobble Gobble

These tender and juicy turkeys are guaranteed to please. Norbest's mountain-grown turkeys contain gluten-free turkey broth and seasonings through the entire bird - so anyone with diet sensitivities can relax and enjoy. Perfect for your Christmas dinner. **\$498**



## 2

## 2 Ham It Up

This delicious Christmas gammon is a must for the festive season. Weighing 1.8 kilos, it's the perfect size for your home oven. **\$350**



## 3

## 3 Red Red Wine

This fantastic South African red wine by Swartland producer A.A. Badenhorst Family Wines is made with a blend of shiraz, grenache, cinsault and tinta barocca grapes. With floral, blackberry and pepper notes on the nose, and lemon and powdery tannins on the palate, this is the perfect wine for sharing with loved ones over a festive meal. **\$260**



## 4 Got Beef?

The whole A-grade beef tenderloin (~1.4kg) melts in your mouth and has a rich, intense flavour. If you're looking for an alternative to turkey, you can't go wrong with this fabulous cut. **\$398**

# EVOLCARE

Clean skincare gifts galore

1



## 1 Hydration Station

Face masks make for the perfect stocking stuffer, and this rescue treatment mask is perfect for soothing skin stressed out by endless Christmas events. Infused with Evolcare Essence, this 100 percent natural bio-grade mask repairs and energises your skin.

**\$200**



2

## 2 Silky Smooth

Silky smooth and light as water, this milky lotion is designed to replace your toner, serum and light cream. This hardworking product is perfect for stashing in your bag for keeping the skin moisturised, smooth and revitalised.

**\$200**

3

## 3 Clay For The Stay

Oil-prone and congested skin will love this mineral clay mask, which helps to improve skin texture thanks to palmetto fruits, sesame seeds and French green clay that helps impart essential minerals from kelp and seaweed.

**\$180**



4

## 4 Bag of Bliss

Who could resist this gift set? Featuring everything you need to wake up looking refreshed and ready to go, the "L'Étoile" Bag includes a "Shea" Revitalising Eye Cream, "Fleur" Eye Mask and a deluxe Bamboo Silk eye mask from Naked Lab. Simply apply the eye cream before bed, or if you really need an extra boost of nourishment, use the eye mask as an at-home spa remedy. Cap it all off by using the bamboo silk eye mask at bedtime for the ultimate beautifying night's rest.

**\$680**



Stores in Hysan Place and K11 Art Mall.

evolcare.com. FB/IG: @evolcareHK

# GLOW SALON & SPA

Results-driven spa treatments and salon services galore



## Pins & Needles

Looking for results driven and minimally invasive non-surgical skincare solutions? Dermapen4 is a great intro to the world of aesthetics. The technology helps to boost collagen and elastin production, with restorative actives delivered deep into the skin for targeted and visible results. It's particularly suited for those wishing to improve the appearance of pigmentation, scars, fine lines and wrinkles.

**\$2,480 (single) or \$13,390 (course of six treatments)**

## Filler Up

Environ's Focus on Filler treatment is a non-invasive alternative to fillers that is easy, painless, gentle, and yet delivers filler-like results. With no needles and no downtime, this facial is a fantastic standalone treatment, or can be used in combination with fillers to extend the results.

**\$1,100 single or \$5,940 (course of six treatments)**



## Hair Today

This year, why not give yourself the gift of never having to worry about waxing or shaving again? Laser hair removal is a tried-and-tested means of achieving near-total hair reduction. It utilises a well-understood mechanism to trigger hair fall and significantly reduce regrowth. Glow treats both men and women, and offers instalment plans to make it a little easier on the wallet!

**Underarm removal: \$920 for one session or \$4,940 for six with 12 months' complimentary follow-ups**

## Smooth Operator

For picture-perfect, sleek locks with no flyaway curls or frizzy strands in sight this Christmas, the bhavé X hair smoothing treatment is exactly what you need. Bhavé is enriched with keratin, argan oil, collagen and glycolic acids. Curls will be softened, waves will be smoothed and hair will be easier to manage for up to four months with no frizz, no fuss and, most importantly, no formaldehyde.

**\$2,600**



## High Brows

For the ultimate in brow restoration, Glow offers the latest techniques in semi-permanent makeup. Their resident brow artist is Elizabeth Loennborn, an American-born makeup artist with over 20 years' experience in the beauty industry, television and print. Elizabeth works exclusively at Glow and is Hong Kong's only specialist in the 6-D ultra-natural microblading technique.

**\$7,000**

## Viva La Voucher

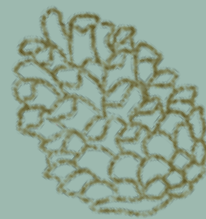
Not sure what to go for? Glow also offers gift cards starting from \$500, so your loved ones can choose from hair, pampering or aesthetic services, and enjoy Glow's signature warm and friendly service, focused on their individual needs.

**8/F, Silver Fortune Plaza,  
1 Wellington St., Central,  
2525-5198, [glowspa.hk](http://glowspa.hk)**



# NOVA LASH

Dramatic eyelash extensions to set hearts aflutter



Ever wanted to get lashed? Converts swear by lash extensions for helping to create a dramatic look with minimal makeup - and with most our faces covered by masks these days, you'll want to make those peepers pop more than ever!

Originally from the USA and now available in 45 countries, Novalash is known for its quality lashes and top-notch service. They also offer gift cards for \$1,000, \$2,500, or for specific treatments. It has a well-earned reputation as one of the healthiest lash extension brands on the market, with products that protect the health of your natural lashes, and they're also waterproof and oil-proof. Over the festive season, they're offering a series of promotions, including a 20 percent discount off your first full set of eyelash extensions; a free Novalash 3-in-1 cleanse pad worth \$395 with your first full set of extensions; or 30 percent off two sets of extensions if you come with a friend. How's that for holiday cheer?



Before and after

10/F, 1 Lyndhurst Tower, 1 Lyndhurst Terrace, Central, 2536-0998, [novalash.hk](http://novalash.hk)

## SENSE OF TOUCH

Hong Kong's original wellness sanctuary



### Ginger Spice

It doesn't get much more festive than this ginger and spice spa journey that'll get you in the spirit in no time! The treatment begins with a lime and ginger scrub, followed by a warm candle oil massage using a soothing blend of clary sage, lavender, rose, geranium and ylang ylang to boost your mood and combat stress. Plus, you can opt to try their infrared sauna for just \$300 (regular price \$600).

**\$1,280 (valued at \$1,630)**

1-5/F, 52 D'Aguilar St., Central, 2526-6918,  
[senseoftouch.com.hk](http://senseoftouch.com.hk)

### Botanical Blitz

We are huge fans of Comfort Zone, an Italian brand that is truly committed to sustainable practices, and a carbon-negative company. Their Sacred Nature kit combines some of their signature skincare, including the renowned cleansing balm, youth serum and hydra cream, all made with natural botanicals grown using regenerative agriculture

**\$1,360 (valued at \$1,930)**



## ZEROYET100

Zero-waste skincare,  
proudly made in Hong Kong



### Day to Night

Presented in cute, handbag-sized tins, this moisturiser duo provides perfect protection on dry winter days. The anti-ageing night moisturiser is packed with vitamins, while the day version has a natural sunscreen and antioxidants to prevent hyperpigmentation, fine lines and acne. As with all ZeroYet100 products, they come in zero-waste packaging and are made only with natural ingredients.

**\$374.40**

702 Car Po Commercial Building, 18-20 Lyndhurst Terrace Central,  
2524-4948, [zeroyet100.com](http://zeroyet100.com)

# SMILE CENTER

Natural tooth whitening for a dazzling smile

## White Christmas

Grin and bare your teeth with confidence this holiday season, with a home whitening kit by Smile Center. Using the same technology as Smile Center's in-office treatment, you can get whiter teeth without pain or sensitivity as it gently lifts stains caused by food, drink and smoke. Buy online and use the code LIV to get 40 percent off before December 31.

**\$600 until supplies last**



17/F, 1 Lan Kwai Fong, Central, [smile-center.com](http://smile-center.com)

# ESTHECLINIC

Results-driven skincare solutions



Prefer to go the pampering route this Christmas? French aesthetic spa EstheClinic is offering two-for-one deals on three of their signature treatments. If you're not sure what to pick, you can simply opt for a voucher, and the experienced consultants will be able to advise on the best course of action.

## Intense Glow Programme

Using IPL and LED technologies, this treatment imparts a gorgeous glow by improving skin tone, texture and overall complexion.

**\$2,300 (buy 1 get 1 free)**

## Instant Youth Programme

Radiofrequency and LED Technologies help to improve your skin's resilience and improves the appearance of fine lines. This holistic treatment tackles signs of ageing from all angles.

**\$2,200 (buy 1 get 1 free)**

## Clear Skin Programme

OxyPure and LED Technologies help to improve skin tone, evens texture and nourishes the complexion, for a balanced, healthy glow. It's particularly suitable for those suffering from irritation or acne.

**\$2,400 (buy 1 get 1 free)**

Central: 16/F, 8 Lyndhurst Terrace, 9158-9729

Sai Ying Pun: Shop F, G/F, King's Hill, 38 Western St., Sai Ying Pun, 9782-3525, [estheclinic.com.hk](http://estheclinic.com.hk)



# MOHLIA

Natural preserved flower gifts

## 1 Tree Hugger

How adorable is this miniature tree? Perfect for smaller apartments, this cute little tree, made with preserved botanicals, will bring a smile to your face whenever you look at it.

**\$850**



## 2 Petal Pets

Immortalise your furbaby with a preserved flower sculpture - it's a quirky gift any pet-lover would be thrilled to have.

**\$2,200**



## 3 Over The Moon

Representing divinity, luck and love, MOHLIA's gorgeous moon box is a sculptural piece made of real, breathable fresh flowers.

**\$1,750**

LAB-102, B1, K11 MUSEA, 18 Salisbury Rd., Tsim Sha Tsui, [mohlia.shop](http://mohlia.shop)

# SPA SQUAD HK

Pampering treatments to your door



## Age Well Facial

60 minutes for \$1,000 or 90 minutes for \$1,300

## Russian Manicure

Available with standard manicure or soft gel. Hard gel is also available. Prices start from \$250.

## Pedicures

Available with standard polish or soft gel. Hard gel also available. Prices start from \$350.

## Nail Extensions

Available in short, medium and long lengths. Prices start from \$750.

## Nail Art

Available in a variety of designs and colours. Prices start from \$20 per nail or buy a starter package for \$160.

**15% off all treatments booked before January 31. [spasquadhk.com](http://spasquadhk.com)**

# EMMA WALLACE

Chic loungewear in a range of statement prints

## 1 Twinning Is Winning

We love a mum-and-mini outfit, and the Baby Em Cassia dressing gown comes with a matching hair band and bloomers. Though this featured print is a Thai geometric design, there are three prints on offer to pair with the adult robes. Suitable for babies aged 6-12 months.

**The price of the matching baby and adult robe set is \$3,129**

1



2



## 2 Rest Up

Get ready to slumber in style with this Cassia geometric print eye mask. Lightly padded, this sumptuous silk accessory is trimmed with neat piping and pairs perfectly with Emma Wallace's scrunchie, robe or pyjama set for some top-to-toe boudoir opulence.

**\$382**

## 4 Kimonover Baby

You'll want to layer on with this decadent robe and eye mask set. With chic wide sleeves and a gorgeous print, it's the perfect statement piece to wear at home or out. Available in three prints.

**\$3,076**

3

## 3 Give Them The Slip

Get two best-selling pieces from the Emma Silk collection in one set! Match the bias cut nightie with the kimono-inspired gown for effortless lounging. The papaver print is inspired by wild poppies, and comes in a striking blue lustrous silk-satin.

**\$4,030**



4



5



6

## 5 PJ Masks

Lounge in style with the Emma Silk capsule collection of luxury loungewear for the bedroom and beyond. The pyjamas can be worn as separate pieces by day and paired together for some stylish lounging at night. Just don't forget to take off the eye mask when you head out!

**\$3,076**

## 6 Bananas For Pyjamas

Elevate your loungewear with this gorgeous pyjama set in silk satin. Inspired by Japanese chrysanthemum, this unique print was designed exclusively by Emma Wallace.

**\$2,917**

# LOVEHONEY GROUP

Intimate toys for him, her and couples



## 1 Boys Toys

One for the gents, the Arcwave Ion is a state-of-art toy that uses a re-engineered version of Pleasure Air technology. Made from smooth, stretchy premium silicone, it stimulates the frenulum with air waves to deliver an entirely new type of sensation. Thanks to the innovative Smart Silence function, the stimulation starts only when there is skin contact with the sensor.

**\$1,560 from HKTVmall**



## 2 Double The Fun

The bestselling Womanizer Premium just got an upgrade! The Premium 2 is now equipped with an autopilot function that allows the user to give up control and enjoy as the toy switches between different intensity levels. It also comes with 14 intensity levels (compared to the previous model's 12) and features the Smart Silence technology that means that the toy only functions when it comes into contact with skin. Plus there's now 41 percent less packaging!

**\$1,560 from HKTVmall**

## 3 Couple Up

The best-selling We-Vibe Chorus gets a colourful make-over just in time for the holidays. Worn during intercourse, the C-shaped toy is designed to adjust to the female body during penetrative sex and stimulates both the clitoris and the G-spot, while their partner also benefits from the strong vibrations. With the free We-Connect app, your partner can take over the controls - even when they are not in the same room, building or even the same country!

**\$1,560 from Sally's Toy**





## HONG KONG LASER TATTOO REMOVAL CLINIC

Tattoo removal, and so much more!



### Skin Deep

Free from harmful chemicals and synthetic fragrances, doTerra's skincare line uses active botanicals inspired by nature. In this line you'll find everything you need to care for your skin, including cleanser, scrub, toner, serum, and optional extras including anti-ageing eye cream, moisturiser, hydrating cream and brightening gel.

**\$1190 for the four base products and \$230 for each add-on**

### New Year, New You

January is the perfect time to reset the clock and begin the new year on the right track. DoTerra's gentle detox reset comes with plant-based supplements and essential oils to help refresh skin and improve your sleep, immunity, digestion, focus, and mood. Includes four natural products, six weekly one-on-one check-ins, plus a 35-day on-demand Cleanse Camp starting January 3. Gift to a friend or spouse and join together! Free webinar available.

**\$1,240**



### Tats Off

Have a close friend or family member who dislikes an old tattoo? Give the gift of freedom from body art that no longer serves you! Get a free consultation, where you'll be quoted a price depending on the size of your ink. Packages and gift cards also available.

**Prices start at \$800**

### Get the Glow

Want to get that festive glow? This three-in-one facial combines Pico laser, HIFU and BellaSonic 2X to quickly refresh your skin and give a more youthful appearance. Men, women and couples all welcome.

**\$980**



# CHOMP

Combating food waste and scooping up deals!

Here's something a little different for Christmas: CHOMP is a new app that fights food waste, encourages sustainability, and helps you score some amazing deals from their F&B partners! CHOMP connects shoppers to F&B brands with leftover food in need of consuming. Simply purchase online and pick up a surprise bag of goodies at a fantastic price directly from the store!

Meet just a few of their partners:



## 1 ONE LOVE

Located in the heart of Central, One Food Restaurant is a wildly popular lunch spot, serving off Cantonese fare. You might find anything from fresh handmade cheung fun to siu mai and soy milk in one of your CHOMP bags.



## 2 GET BAKED

Love carbs? Ryoyu Bakery Studio from Kyushu, Japan, has an ever-changing selection of bread and cakes made with premium imported ingredients and tried-and-true Japanese baking techniques. From traditional breads to innovative recipes and everyone's fave Hokkaido milk rolls you'll find it here.



## 3 Shazaam!

Famous for having the best crepe cakes in Hong Kong, Shaz Confections serves a variety of fluffy and velvety cakes with unique flavours that include Hong Kong Milk Tea, Pandan Coconut, and Sea Salt Caramel.



## 4 TRES BIEN

Hong Kong's first-ever 100% plant-based French-styled pâtisserie, Bien Caramélisé, located in Mong Kok, aims to push the boundaries of creating sweets using only all-natural ingredients and no animal products.



## 5 TAKE IT SLO

Slowood is your one-stop-shop for purchasing sustainable and organic products. With four locations across Hong Kong, they've got everything you need for your zero waste lifestyle, from bulk bins and refill stations to biodegradable daily essentials and natural beauty products.



## 6 EIGHT THE GREAT

Located at the top of Central Pier 8, Cafe 8 is a unique collaboration between the Hong Kong Maritime Museum and The Nesbitt Centre, providing training and working opportunities to adults with learning disabilities. The cafe serves a range of European-style food from sandwiches to quiches, tarts, cakes and more. A true hidden gem.

Use the code **"LIVXMAS"** when you checkout on the app CHOMP HK for **\$25 off** your first order.

[www.chomphk.com](http://www.chomphk.com). Download on the App Store and Google Play.

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